

2018 NORTH EAST METROPOLITAN ZONE ATHLETICS CHAMPIONSHIPS

Times listed are **NOT BEFORE** times. Events will not begin before this time, however may begin after this time

Track events take precedence over Field events. There will be a Clash Manager to take athletes from Field events to Track events.
Once an athlete has completed their track event they must return to their field event immediately.

Track Progression from Heats to Finals

Where there are 2 Heats - The first 3 from each heat plus the next 2 best times progress to the final

Where there are 3 Heats - The first 2 from each heat plus the next 2 best times progress to the final

Progression from Zone to Region

Under 7 competitors do not progress beyond Zone.

For Under 8 – Under 17 competitors the first 6 place getters in a final at NEMZ plus the next best 4 competitors from the finals in that event across NEMZ and NMZ will progress to Region.

Note: The athletes progressing must contest a final, so if you make a final and are not able to compete at Region on 9th and 10th February 2019, please let us know so a replacement can run in the final so NEMZ do not forfeit a place at Region.

Order Of Events - Saturday Track 01/12/18

8:30 AM	#1	U13	Girls	1500 Metres	Final	#61	U13	Girls	100 Metre	Heats		
	#2	U13	Boys	1500 Metres	Final		#62	U13	Boys	100 Metre	Heats	
	#3	U14	Girls	1500 Metres	Final		#63	U14	Girls	100 Metre	Heats	
	#4	U14	Boys	1500 Metres	Final		#64	U14	Boys	100 Metre	Heats	
	#5	U15	Girls	1500 Metres	Final		#65	U15	Girls	100 Metre	Heats	
	#6	U15	Boys	1500 Metres	Final		#66	U15	Boys	100 Metre	Heats	
	#7	U17	Girls	1500 Metres	Final		#67	U17	Girls	100 Metre	Heats	
	#8	U17	Boys	1500 Metres	Final		#68	U17	Boys	100 Metre	Heats	
9:10 AM	#9	U8	Girls	60 Metre Hurdles	Heats	12:20 PM	#69	U7	Girls	50 Metre	Heats	
	#10	U8	Boys	60 Metre Hurdles	Heats		#70	U7	Boys	50 Metre	Heats	
	#11	U9	Girls	60 Metre Hurdles	Heats		#71	U8	Girls	400 Metre	Timed Finals	
	#12	U9	Boys	60 Metre Hurdles	Heats		#72	U8	Boys	400 Metre	Timed Finals	
	#13	U10	Girls	60 Metre Hurdles	Heats		#73	U9	Girls	400 Metre	Timed Finals	
	#14	U10	Boys	60 Metre Hurdles	Heats		#74	U9	Boys	400 Metre	Timed Finals	
	#15	U11	Girls	60 Metre Hurdles	Heats		#75	U10	Girls	400 Metre	Timed Finals	
	#16	U11	Boys	60 Metre Hurdles	Heats		#76	U10	Boys	400 Metre	Timed Finals	
10:00 AM	#17	U12	Girls	60 Metre Hurdles	Heats	1:10 PM	#77	U11	Girls	400 Metre	Timed Finals	
	#18	U12	Boys	60 Metre Hurdles	Heats		#78	U11	Boys	400 Metre	Timed Finals	
	#19	U13	Girls	200 Metre Hurdles	Heats		#79	U12	Girls	400 Metre	Timed Finals	
	#20	U13	Boys	200 Metre Hurdles	Heats		#80	U12	Boys	400 Metre	Timed Finals	
	#21	U14	Girls	200 Metre Hurdles	Heats		#81	U7	Girls	50 Metre	Final	
	#22	U14	Boys	200 Metre Hurdles	Heats		#82	U7	Boys	50 Metre	Final	
	#23	U15	Girls	300 Metre Hurdles	Heats		#83	U13	Girls	400 Metre	Timed Finals	
	#24	U15	Boys	300 Metre Hurdles	Heats		#84	U13	Boys	400 Metre	Timed Finals	
10:20 AM	#25	U17	Girls	300 Metre Hurdles	Heats	1:50 PM	#85	U14	Girls	400 Metre	Timed Finals	
	#26	U17	Boys	300 Metre Hurdles	Heats		#86	U14	Boys	400 Metre	Timed Finals	
	#27	U11	Girls	1500 Metres	Final		#87	U15	Girls	400 Metre	Timed Finals	
	#28	U11	Boys	1500 Metres	Final		#88	U15	Boys	400 Metre	Timed Finals	
	#29	U12	Girls	1500 Metres	Final		#89	U17	Girls	400 Metre	Timed Finals	
	#30	U12	Boys	1500 Metres	Final		#90	U17	Boys	400 Metre	Timed Finals	
	10:45 AM	#31	U8	Girls	60 Metre Hurdles		Final	#91	U7	Girls	100 Metre	Final
		#32	U8	Boys	60 Metre Hurdles		Final	#92	U7	Boys	100 Metre	Final
#33		U9	Girls	60 Metre Hurdles	Final	#93	U8	Girls	100 Metre	Final		
#34		U9	Boys	60 Metre Hurdles	Final	#94	U8	Boys	100 Metre	Final		
#35		U10	Girls	60 Metre Hurdles	Final	#95	U9	Girls	100 Metre	Final		
#36		U10	Boys	60 Metre Hurdles	Final	#96	U9	Boys	100 Metre	Final		
#37		U11	Girls	60 Metre Hurdles	Final	#97	U10	Girls	100 Metre	Final		
#38		U11	Boys	60 Metre Hurdles	Final	#98	U10	Boys	100 Metre	Final		
11:00 AM	#39	U12	Girls	60 Metre Hurdles	Final	#99	U11	Girls	100 Metre	Final		
	#40	U12	Boys	60 Metre Hurdles	Final	#100	U11	Boys	100 Metre	Final		
	#41	U13	Girls	200 Metre Hurdles	Final	#101	U12	Girls	100 Metre	Final		
	#42	U13	Boys	200 Metre Hurdles	Final	#102	U12	Boys	100 Metre	Final		
	#43	U14	Girls	200 Metre Hurdles	Final	#103	U13	Girls	100 Metre	Final		
	#44	U14	Boys	200 Metre Hurdles	Final	#104	U13	Boys	100 Metre	Final		
	#45	U15	Girls	300 Metre Hurdles	Final	#105	U14	Girls	100 Metre	Final		
	#46	U15	Boys	300 Metre Hurdles	Final	#106	U14	Boys	100 Metre	Final		
11:20 AM	#47	U17	Girls	300 Metre Hurdles	Final	#107	U15	Girls	100 Metre	Final		
	#48	U17	Boys	300 Metre Hurdles	Final	#108	U15	Boys	100 Metre	Final		
	#49	U7	Girls	100 Metre	Heats	#109	U17	Girls	100 Metre	Final		
	#50	U7	Boys	100 Metre	Heats	#110	U17	Boys	100 Metre	Final		

#51	U8	Girls	100 Metre	Heats
#52	U8	Boys	100 Metre	Heats
#53	U9	Girls	100 Metre	Heats
#54	U9	Boys	100 Metre	Heats
#55	U10	Girls	100 Metre	Heats
#56	U10	Boys	100 Metre	Heats
#57	U11	Girls	100 Metre	Heats
#58	U11	Boys	100 Metre	Heats
#59	U12	Girls	100 Metre	Heats
#60	U12	Boys	100 Metre	Heats

2:30 PM	#111	U13	Girls	3000 Metre	Final
	#112	U13	Boys	3000 Metre	Final
	#113	U14	Girls	3000 Metre	Final
	#114	U14	Boys	3000 Metre	Final
	#115	U15	Girls	3000 Metre	Final
	#116	U15	Boys	3000 Metre	Final
	#117	U17	Girls	3000 Metre	Final
	#118	U17	Boys	3000 Metre	Final

ORDER OF EVENTS - TRACK SUNDAY 02/12/18

8:30 AM	#119	U7	Girls	500 Metre	Final
	#120	U7	Boys	500 Metre	Final
	#121	U8	Girls	700 Metre	Final
	#122	U8	Boys	700 Metre	Final
	#123	U9	Girls	800 Metre	Final
	#124	U9	Boys	800 Metre	Final
	#125	U10	Girls	800 Metre	Final
	#126	U10	Boys	800 Metre	Final
	#127	U11	Girls	800 Metre	Final
	#128	U11	Boys	800 Metre	Final
	#129	U12	Girls	800 Metre	Final
	#130	U12	Boys	800 Metre	Final
	#131	U13	Girls	800 Metre	Final
	#132	U13	Boys	800 Metre	Final
	#133	U14	Girls	800 Metre	Final
	#134	U14	Boys	800 Metre	Final
	#135	U15	Girls	800 Metre	Final
#136	U15	Boys	800 Metre	Final	
#137	U17	Girls	800 Metre	Final	
#138	U17	Boys	800 Metre	Final	
9:50 AM	#139	U7	Girls	70 Metre	Heats
	#140	U7	Boys	70 Metre	Heats
	#141	U8	Girls	70 Metre	Heats
	#142	U8	Boys	70 Metre	Heats
	#143	U9	Girls	70 Metre	Heats
	#144	U9	Boys	70 Metre	Heats
	#145	U10	Girls	70 Metre	Heats
	#146	U10	Boys	70 Metre	Heats
10:10 AM	#147	U13	Girls	80 Metre Hurdles	Heats
	#148	U13	Boys	80 Metre Hurdles	Heats
	#149	U14	Girls	80 Metre Hurdles	Heats
	#150	U14	Boys	90 Metre Hurdles	Heats
	#151	U15	Girls	90 Metre Hurdles	Heats
	#152	U15	Boys	100 Metre Hurdles	Heats
	#153	U17	Girls	100 Metre Hurdles	Heats
10:40 AM	#154	U17	Boys	110 Metre Hurdles	Heats
	#155	U7	Girls	70 Metre	Final
	#156	U7	Boys	70 Metre	Final
	#157	U8	Girls	70 Metre	Final
	#158	U8	Boys	70 Metre	Final
	#159	U9	Girls	70 Metre	Final
	#160	U9	Boys	70 Metre	Final
	#161	U10	Girls	70 Metre	Final
#162	U10	Boys	70 Metre	Final	
11:00 AM	#163	U13	Girls	80 Metre Hurdles	Final
	#164	U13	Boys	80 Metre Hurdles	Final
	#165	U14	Girls	80 Metre Hurdles	Final
	#166	U14	Boys	90 Metre Hurdles	Final
	#167	U15	Girls	90 Metre Hurdles	Final
	#168	U15	Boys	100 Metre Hurdles	Final
	#169	U17	Girls	100 Metre Hurdles	Final
	#170	U17	Boys	110 Metre Hurdles	Final
11:30 AM	#171	U9 - U12	Girls	4 x 100m Relay	Final
	#172	U9 - U12	Boys	4 x 100m Relay	Final
	#173	U13 -U17	Girls	4 x 100m Relay	Final

12:00 PM	#175	U7	Girls	200 Metre	Heats
	#176	U7	Boys	200 Metre	Heats
	#177	U8	Girls	200 Metre	Heats
	#178	U8	Boys	200 Metre	Heats
	#179	U9	Girls	200 Metre	Heats
	#180	U9	Boys	200 Metre	Heats
	#181	U10	Girls	200 Metre	Heats
	#182	U10	Boys	200 Metre	Heats
	#183	U11	Girls	200 Metre	Heats
	#184	U11	Boys	200 Metre	Heats
	#185	U12	Girls	200 Metre	Heats
	#186	U12	Boys	200 Metre	Heats
	#187	U13	Girls	200 Metre	Heats
	#188	U13	Boys	200 Metre	Heats
	#189	U14	Girls	200 Metre	Heats
	#190	U14	Boys	200 Metre	Heats
	#191	U15	Girls	200 Metre	Heats
#192	U15	Boys	200 Metre	Heats	
#193	U17	Girls	200 Metre	Heats	
#194	U17	Boys	200 Metre	Heats	
1:40 PM	#195	U7	Girls	200 Metre	Final
	#196	U7	Boys	200 Metre	Final
	#197	U8	Girls	200 Metre	Final
	#198	U8	Boys	200 Metre	Final
	#199	U9	Girls	200 Metre	Final
	#200	U9	Boys	200 Metre	Final
	#201	U10	Girls	200 Metre	Final
	#202	U10	Boys	200 Metre	Final
	#203	U11	Girls	200 Metre	Final
	#204	U11	Boys	200 Metre	Final
	#205	U12	Girls	200 Metre	Final
	#206	U12	Boys	200 Metre	Final
	#207	U13	Girls	200 Metre	Final
	#208	U13	Boys	200 Metre	Final
	#209	U14	Girls	200 Metre	Final
	#210	U14	Boys	200 Metre	Final
	#211	U15	Girls	200 Metre	Final
#212	U15	Boys	200 Metre	Final	
#213	U17	Girls	200 Metre	Final	
#214	U17	Boys	200 Metre	Final	
2:30 PM	#215	U9	Girls	700 Metre Walk	Final
	#216	U9	Boys	700 Metre Walk	Final
	#217	U10	Girls	1100 Metre Walk	Final
	#218	U10	Boys	1100 Metre Walk	Final
	#219	U11	Girls	1100 Metre Walk	Final
	#220	U11	Boys	1100 Metre Walk	Final
	#221	U12	Girls	1500 Metre Walk	Final
	#222	U12	Boys	1500 Metre Walk	Final
	#223	U13	Girls	1500 Metre Walk	Final
	#224	U13	Boys	1500 Metre Walk	Final
	#225	U14	Girls	1500 Metre Walk	Final
	#226	U14	Boys	1500 Metre Walk	Final
	#227	U15	Girls	1500 Metre Walk	Final
	#228	U15	Boys	1500 Metre Walk	Final
	#229	U17	Girls	1500 Metre Walk	Final